

Manual Handling Awareness Training



DESIGNED FOR

Designed for those carrying out manual handling tasks at work. By identifying and assessing the risk delegates can identify ways to avoid the risk by mechanisation or reduce the risk by the use of safe handling techniques.

COURSE OBJECTIVES

By the end of this course trainees will :

- ✓ be able to identify and assess hazardous manual handling operations;
- ✓ know how to reduce the risk of hazardous manual handling operations;
- ✓ know how to use Kinetic handling techniques to reduce the risk;

COURSE CONTENT

- ✓ Accident statistics;
- ✓ The dangers of careless and unskilled handling methods;
- ✓ The effects of manual handling;
- ✓ Hazard identification and Risk Assessment;
- ✓ The use of mechanical handling aids;
- ✓ Kinetic handling method.

COURSE DURATION

1/2 Day

COURSE DATES & VENUES

Please contact for course dates and details

FEES

£165 + VAT (£193.88) per person incl. light refreshments, course material

Our in-house training courses start at £50 + VAT (£58.75) per person with a minimum of 6 and a maximum of 20 people per course.

Please call, fax or email for a quotation.

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